

The Center for Social Leadership
In Partnership with
The George Washington University's School of Public Policy and Public Administration,
Life Pieces to Masterpieces, and LINK
Present

The Leader in Youth Program

Program Schedule

Program Dates: October 3, 10, 17, 24, 31; November 7, 14, 21, 28; December 5

All classes meet from 4:30 – 7:00pm

Location for all sessions: The Marvin Center, 800 – 21st St. NW,

George Washington University

Rooms: 307, 308, 310 (see below)

Instructors:

Mary Brown, Life Pieces to Masterpieces

Christine Hong, LINK

Sarah Kalemkerian, Center for Social Leadership

Bruce Purnell, Outcomes Hope

Robert Ridley, Concerned Black Men National Organization

Hector Sanchez, Education Trust

Tony Silard, Center for Social Leadership

For Panelists and Youth Leaders: If you're having trouble finding the classroom, please call our Program Director, Sarah Kalemkerian, 415-652-2572 (cell)

Skill Areas:

Leadership
Career Readiness
College Preparedness
Goal-Setting: Vision Statements/Action Plans
Becoming a Change Agent

<i>Date/Time</i>	<i>Instructor</i>	<i>Program Content</i>
Week 1 Tuesday, Oct. 3: 4:30 – 7:00 pm Room: 308	(Mary)	4:30-5:10 - Introductions and Overview – Icebreakers, team building, bonding exercises
		5:10- 5:25 - Break
	Leadership (Christine)	5:25-5:40 - Youth Leadership Workshop: The Characteristics of an Effective Leader What makes a leader? Discussion question: Who do you admire? What have they done with their lives? Who disappoints you/who do you not admire?
	Career Readiness (Robert)	5:40-5:55 – Adult v. Teenager – What’s the Difference?
	Goal-Setting (Tony/Bruce)	5:55-6:25 – Fun v. Fuel/Vision Statement and Action Plan
		6:25-6:55 – Pre/Post Survey Evaluation (5 mins.)

Week 2 Tuesday, Oct. 10: 4:30 – 7:00 pm Room: 310		
	(Sarah)	4:30-4:40 - Leadership in Practice: How did you practice what you've been learning in the Leader in Youth Program over the last week?
	College Preparedness (Hector)	4:40-5:10 – Importance of education for our community and the material, social, cultural and intellectual benefits it has for you and your families.
		5:10-5:30 - Break
	Leadership (Bruce)	Leadership Panel 5:30-5:40 - Leadership Principle #1 – Why is discovering and communicating your passion important to becoming a leader? Please share examples from your career of what has happened when you have (and have not) followed your passion.
	(Tony)	5:40-5:50 – Panelists share/Discussion 5:50-6:00 – Leadership Principle #2 – What role does self-esteem play in becoming a leader? Where do you get your sense of self-value from? Why is it important to be confident? How do you increase your self-confidence if you're not getting the results you want in your career? Please share examples of times in your career when you've had difficulty maintaining your self-confidence.
		6:00-6:10 – Panelists share/Discussion
	Becoming a Change Agent	6:10-6:40 – Group Exercise: What Do You Want to Change in Your Community and/or The World?
Goal-Setting	6:40-6:55 – Vision Statements/Action Plans – Youth will work with panelists and facilitators in groups to develop their Vision Statements and Action Plans.	
	Evaluation (5 mins.)	

Week 3 Tuesday, Oct. 17: 4:30 – 7:00 pm Room: 307	(Sarah)	4:30-4:40 - Leadership in Practice: How did you practice what you've been learning in the Leader in Youth Program over the last week?
	Career Readiness (Robert)	4:40-5:10 - Positive Adult Relationships
		5:10-5:30 - Break
	Leadership (Bruce)	Leadership Panel 5:30-5:40- Leadership Principle #1 Do you feel comfortable spending time alone? How does time away from your day-to-day responsibilities help you to develop a sense of Vision for what you want to accomplish in your career and life? Please share examples of when you've needed to take time to think in order to make a breakthrough – and what the resulting impact was for your career.
	(Tony)	5:40-5:50 – Panelists share/Discussion 5:50-6:00 – Leadership Principle #2 What does it mean for a leader to be resilient ? Why is it critical for a leader to be flexible, adaptable and to embrace change? When in your career have you been the most/least resilient? What were the consequences of your willingness/unwillingness to change?
	Goal-Setting	6:00-6:10 – Panelists share/Discussion 6:10-6:40 – Break into groups – How to apply to your life, presentation to groups 6:40-6:55 – Vision Statements/Action Plans – Youth will work with panelists and facilitators in groups to develop their Vision Statements and Action Plans.
		Evaluation (5 mins.)

Week 4 Tuesday, Oct. 24: 4:30 – 7:00 pm Room: 310	(Sarah)	4:30-4:40 - Leadership in Practice: How did you practice what you've been learning in the Leader in Youth Program over the last week?
	College Preparedness (Hector)	4:40-5:10– High School: Where the real life decisions start taking place. How to choose the best opportunities offered at your school.
	Leadership (Bruce)	Leadership Panel 5:10-5:20 - Leadership Principle #1 What role does self-awareness play in the life of a leader? Is it possible to lead well if you're not aware of your own strengths and challenges? Please share examples from your career of when you have/have not been very self-aware, and how they have affected your capacity be an effective leader. 5:20-5:30 – Panelists share/Discussion
		5:30-5:50 - Break
	(Tony)	5:50-6:00 – Leadership Principle #2 Why is it important for leaders to have a driving tendency toward taking Action ? Please share examples of leaders you've observed who were stuck in 'analysis paralysis', and others who knew how to get the job done and move the organization forward. What was it like to work in these different types of organizations? Can you think of a time in your career when you needed to stop thinking about what to do and just <i>do something</i> ? Please share. 6:00-6:10 – Panelists share/Discussion
	Panels	6:10-6:40 – Break into groups – How to apply to your life, presentation to groups
	Goal-Setting	6:40-6:55 – Vision Statements/Action Plans – Youth will work with panelists and facilitators in groups to develop their Vision Statements and Action Plans.

		Evaluation (5 mins.)
Week 5 Tuesday, Oct. 31: 4:30 – 7:00 pm Room: 310	(Sarah)	4:30-4:40 - Leadership in Practice: How did you practice what you've been learning in the Leader in Youth Program over the last week?
	Career Readiness (Robert)	4:40-5:10– What do you want to accomplish before you are 30?
	Leadership (Bruce)	Leadership Panel 5:10-5:20 - Leadership Principle #1 Why is empathy so important for a leader? What does the term 'emotional intelligence' mean? Why is it important for a leader to have it? Please share examples from your career of when you led with empathy and when you didn't – and what the consequences were.
		5:20-5:30 – Panelists share/ Discussion
		5:30-5:50 - Break
	(Tony)	5:50-6:00 – Leadership Principle #2 As a leader, how do you keep your focus on your personal goals and the mission of your organization or company? How do you handle situations where others try to steer you away from what you consider to be your most important tasks? Please share examples of times in your career when you have allowed yourself to react to others and move in the wrong direction, and times when you've maintained your sense of direction amidst very difficult circumstances.
	6:00-6:10 – Panelists share/Discussion	
	6:10-6:40 – Break into groups – How to apply to your life, presentation to groups	
Goal-Setting	6:40-6:55 – Vision Statements/Action Plans – Youth will work with panelists and facilitators in groups to develop their Vision Statements and Action Plans.	
		Evaluation (5 mins.)

Week 6 Tuesday, Nov. 7: 4:30 – 7:00 pm Room: 307	(Sarah)	4:30-4:40 - Leadership in Practice: How did you practice what you've been learning in the Leader in Youth Program over the last week?
	College Preparedness (Hector)	4:40-5:10 Understanding and preparing for college 5:10-5:30 - Break
	Leadership (Tony/Bruce)	Leadership Panel: Balancing School/Work and Life 5:30-6:10 – Panelists share/Discussion Questions for Panelists and Youth Leaders: 1. Define what it means to you for your life to be at balance. How do you balance the competing demands in your life? What is more important to you – success or happiness? Can you have both? How? 2. Please share examples from your career when you have not been able to maintain a balance between work and life, and how it affected your capacity be an effective leader and to feel content with your decisions. Please also share examples of when you've been able to strike this balance. How did it affect your capacity to be a leader? 6:10-6:40 – Break into groups – How to apply to your life, presentation to groups
	Goal-Setting	6:40-6:55 – Vision Statements/Action Plans – Youth will work with panelists and facilitators in groups to develop their Vision Statements and Action Plans.
		Evaluation (5 mins.)

Week 7		Becoming a Change Agent
Tuesday, Nov. 14: 4:30 – 7:00 pm Room: 310	(Sarah)	4:30-4:40 Leadership in Practice: How did you practice what you've been learning in the Leader in Youth Program over the last week?
	Career Readiness (Robert)	4:40-5:10 How to manage money
		5:10-5:30 - Break
	Becoming a Change Agent	The Roles, Responsibilities and Operations of Nonprofit Boards: Lessons for Youth Advisory Boards. 5:30-6:10 – Panelists share/Discussion Questions for Panelists and Youth Leaders: 1) Why did you join a nonprofit board? Was it a good experience? What did you like the most about it? What did you like the least? 2) Please share examples from your experiences on non-profit boards of: <ul style="list-style-type: none"> • Boards that get a lot of work done and those that don't • Effective vs. ineffective board meetings • Boards that lose their sense of mission and those that stay focused on the mission 3) Why is it important to have young people on non-profit boards?
		6:10-6:40 - Group Exercise: What Do You Want to Change in Your Community and/or The World?
	Goal-Setting	6:40-6:55 – Vision Statements/Action Plans – Youth will work with panelists and facilitators in groups to develop their Vision Statements and Action Plans.
	Evaluation (5 mins.)	

Week 8 Tuesday, Nov. 21: 4:30 – 7:00 pm Room: 310	(Sarah)	4:30-4:40 Leadership in Practice: How did you practice what you've been learning in the Leader in Youth Program over the last week?
	College Preparedness (Hector)	4:40-5:10 - Understanding and preparing for college. What you need to know to be college ready. University Panel George Washington University Students Questions for Panelists and Youth Leaders: 1) What's it really like to go to college? Is it worth it? What are the benefits? What's it like living on-campus vs. off-campus? 2) Do you have to know exactly what you want to do in your career before you go to college? What are the classes like? How is it different from high school?
	Leadership (Bruce)	5:10-5:20 - Leadership Principle #1 How does a leader bounce back when something they're doing is not working? Why is an internal capacity for continuous improvement important for a leader? Please share examples from your career – or from other leaders you've observed – where continuously striving to 'get something right' and make adjustments was a critical stepping-stone for success.
		5:20-5:30 – Panelists share/ discussion
		5:30-5:50 - Break
	(Tony)	5:50-6:00 – Leadership Principle #2 Do you, as a leader, need approval from others in your work and life? How do you handle it when you don't get the approval you want? Please share examples from your career when you have not received the approval you've wanted, and how it's affected your capacity be an effective leader.
		6:00-6:10 – Panelists share/Discussion

Week 8 cont'd		6:10-6:40 – Break into groups – How to apply to your life, presentation to groups
	Goal-Setting	6:40-6:55 – Vision Statements/Action Plans – Youth will work with panelists and facilitators in groups to develop their Vision Statements and Action Plans.
		Evaluation (5 mins.)

<p>Week 9 Tuesday, Nov. 28: 4:30 – 7:00 pm Room: TBD Panelists all day</p>	<p>(Sarah)</p> <p>Leadership (Mary)</p> <p>Leadership (Bruce)</p> <p>(Tony)</p>	<p>4:30-4:40 Leadership in Practice: How did you practice what you've been learning in the Leader in Youth Program over the last week?</p> <p>4:40-5:10- Leadership Panel: Race, Gender and Leadership</p> <p>Questions for Panelists and Youth Leaders:</p> <ol style="list-style-type: none"> 1) How does your ethnicity affect you as a leader? Do you feel like others perceive and/or act toward you differently because you are of a certain ethnic group? 2) If you are a woman, how do you feel your gender affects you as a leader? Do you feel like others perceive and/or act toward you differently because you are a woman? 3) Please share your perception of your own identity. How has this perception affected you as a leader? 4) Do you feel a certain responsibility toward those who are disadvantaged in our society and/or the victims of prejudice based on their race and/or gender? How does this sense of responsibility affect you as a leader? <p>5:10-5:20 - Leadership Principle #1 Why is it important for a leader to be persistent? What does the word 'failure' mean to you as a leader? What challenges have you had in your career and how did you handle them? Did they make you stronger as a leader?</p> <p>5:20-5:30 – Panelists share/ discussion</p> <p>5:30-5:50 - Break</p> <p>5:50-6:00 – Leadership Principle #2</p>
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<p>Week 9 cont'd</p>		<p>Why is it important for a leader to be honest and authentic? How does building trust with others affect your ability to lead? Does being authentic mean always sharing what's on your mind? Please share examples of how leaders you've seen in action have built their organizations by being authentic and honest with others – and what happened when there was a lack of honesty.</p> <p>6:00-6:10 – Panelists share/Discussion</p> <p>6:10-6:40– Break into groups – How to apply to your life, presentation to groups</p>
	<p>Goal-Setting</p>	<p>6:40-6:55 – Vision Statements/Action Plans – Youth will work with panelists and facilitators in groups to develop their Vision Statements and Action Plans.</p>
		<p>Evaluation (5 mins.)</p>
<p>Week 10 Tuesday, Dec. 5: 4:30 – 7:00 pm Room: TBD (no panels)</p>	<p>(Sarah)</p>	<p>4:30-5:00 - Pre/Post Survey</p>
	<p>Leadership (Mary)</p>	<p>5:00-5:30 - Leadership Program Reflection</p>
		<p>5:30-5:50 - Break</p> <p>5:50-6:20 - Evaluation</p>
	<p>Goal-Setting</p>	<p>6:20-7:00pm - From Visionary to Actionary: Developing Your Vision Statement and Action Plan, Part II; Preparation for Graduation</p>